

Services

- Specialized Supervision
- Person Centered Planning
- Community Resources and Activities
- Health and Safety Monitoring
- Transportation Services
- Personal Care Support
- Human Rights Education
- Support with Adapting to Community
- Complete Assessments and Evaluations
- Monthly, Quarterly and Yearly Reviews
- Medication Monitoring and Administration by Certified Staff
- On Bus Line
- 2 Central Locations
- 24 Hour Care by Awake Staff
- Quiet Community Based Homes

Contact Information

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Helens
HANDS



Mission Statement

Helen's Hands, LLC is dedicated to improving the quality of life for adults with developmental disabilities through increased access to integrated life choices to include residential and recreational.

We are committed to promoting choices and protecting rights. We believe all life holds value and each individual is entitled to the respect and dignity that we as community service providers and citizens take for granted. We are devoted to assisting adults with developmental disabilities to achieve their highest level of independence and self-worth by providing the appropriate supports.

Philosophy

It is the philosophy of Helen's Hands, LLC to reward positive behavior as a means of decreasing negative behavior. The more positive outlook an individual demonstrates in their daily interactions, the more apt they are to comply with rules of the program and demonstrate overall appropriate behavior. All individuals receiving services will be encouraged to follow rules using this format.

The goal of our team is to work independently and collectively with all individuals to bring about positive change in each individual's life. Team meetings will be scheduled to review each individual's progress or regression every quarter and/or sooner if there is a need.

At Helen's Hands, LLC we strive to provide a safe, secure and nurturing home to individuals in need of services to attain increased quality living and adapt to an ever-changing environment. We are supportive of the choices our clients make and we offer training, guidance, encouragement and companionship to further promote self-advocacy and self-determination. Staff of Helen's Hands, LLC will attempt every effort to make the transition to residing at our home as stress free as possible.

Through effective person-centered planning, our clients will transition from one level to another. As clients move up the continuum, minimum assistance will be required and they can enjoy increased quality living in a least restricted setting.

Service Description

Helen's Hands, LLC offers two separate locations in congregate residential settings to individuals that have a primary diagnosis of intellectual and/or developmental disabilities, which may be accompanied with physical and mental disabilities. Our homes are located in Lynchburg, VA. We offer 24-hour residential support by caring Direct Support Professionals.

